



PCS Nutrition Monthly Programming — Terms & Conditions (Checkout Version)

Last updated: October 28, 2025

By subscribing to the **Monthly Programming Membership** (“Membership”), you agree to these Terms & Conditions (“Terms”). Please review before completing your purchase.

1. Overview

The Membership provides personalized fitness, nutrition, and lifestyle programming delivered digitally through PCS Nutrition. Content is for **educational purposes** only and not a substitute for medical advice. Consult your physician before starting any program.

2. Payment & Billing

The Membership is **\$49 USD/month**, billed automatically every 30 days to your selected payment method. You authorize recurring charges until you cancel. Failed payments may pause access. All billing is processed securely.

3. Cancellation & Refunds

You may cancel anytime through your account or by emailing support@pcsnutrition.com.

Cancellations apply at the end of the current billing cycle.

Because programming is custom-built and delivered digitally, **no refunds** are issued after access has been granted.

4. Program Use & Expectations

Programming is customized based on your goals and information provided. You are responsible for communicating injuries or limitations and for using the program safely. Results vary and are not guaranteed.

5. Intellectual Property

All materials—including workouts, plans, images, and written content—are owned by PCS Nutrition. Use is limited to **personal, non-commercial purposes**. Sharing, distributing, or reselling materials is prohibited.

6. Health & Safety Disclaimer

Fitness and nutrition changes carry inherent risks. By participating, you accept these risks and agree that PCS Nutrition is not liable for injury, illness, or negative outcomes. Always train within your ability and seek medical guidance when needed.

7. Changes to Service or Terms

We may update programming features or modify these Terms at any time. Continued use of the Membership after notification constitutes acceptance of revised Terms.

8. Limitation of Liability

PCS Nutrition is not liable for any direct or indirect damages arising from Membership use. Your sole remedy for dissatisfaction is to cancel your subscription.

9. Contact

For support or billing questions:

support@pcsnutrition.com

www.pcsnutrition.com

By completing checkout, you confirm that you understand and agree to these Terms.