



PCS Nutrition Coaching — Terms & Conditions (Checkout Version)

Last updated: October 28, 2025

By subscribing to the **PCS Nutrition Coaching Membership** (“Coaching”), you agree to the following Terms & Conditions (“Terms”). Please review before completing your purchase.

1. Overview

Coaching provides personalized nutrition guidance, habit work, communication support, and digital resources tailored to your goals. Content is for **educational purposes** only and does not replace medical or mental health advice. Always consult a qualified professional before making significant changes.

2. Payment & Billing

Coaching is billed automatically every 30 days to your selected payment method. You authorize recurring charges until cancellation. Failed payments may pause or limit access. Payments are processed securely through our website provider.

3. Cancellation & Refunds

You may cancel anytime by emailing support@pcsnutrition.com or through your account.

Cancellations take effect at the end of the current billing period.

Because coaching includes personalized support and delivered services, **no refunds** are issued once the current month has begun or once coaching access has been used.

4. Coaching Expectations

Coaching is collaborative. You are responsible for honest communication, following recommendations safely, and updating your coach on injuries, health changes, or limitations. Results vary based on consistency, effort, and individual factors. No specific outcomes are guaranteed.

5. Intellectual Property

All coaching materials, plans, and resources are property of PCS Nutrition and may be used for **personal, non-commercial use only**. Redistribution, sharing, or resale is prohibited.

6. Health Disclaimer

Nutrition and lifestyle changes carry inherent risks. You acknowledge these risks and agree PCS Nutrition is not liable for adverse outcomes, injury, or illness resulting from participation. Always follow medical guidance when applicable.

7. Changes to Service or Terms

We may update service features or modify Terms at any time. Continued use after notification signifies acceptance.

8. Limitation of Liability

PCS Nutrition is not liable for direct or indirect damages arising from Coaching use. Your sole remedy for dissatisfaction is to cancel your membership.

9. Contact

support@pcsnutrition.com
www.pcsnutrition.com

By completing checkout, you confirm that you understand and agree to these Terms.